

Counseling & Advocacy Services

Mission

The mission the Counseling & Advocacy Services (CAS) is focused on helping you gain greater knowledge about yourself and your relationships with others, identify your strengths, and face any challenges in making healthy and meaningful choices in your academic life and beyond.

Vision

CAS goal is to provide you with the support you need in enhancing your personal and academic life at Leighton University.

Services

The Counseling and Advocacy Services center provide confidential support and guidance for individuals who are going or have gone through a traumatic event(s) and are struggling to find a way out of the situation. We have a knowledgeable and experienced staff ready to provide or connect you to resources closer to your hometown or community. We offer confidential counseling based on a holistic view of individual development.

Our counselors offer assistance and coaching in areas that include :

- Career Planning
- Interpretation and guidance of Leighton's policies and procedures
- Conflict Resolution
- Learning Strategies/Study Skills
- Personal Challenges

When appropriate, referrals will be recommended to community agencies and services.

Appointments can be made by calling the University's Counseling & Advocacy Services at 5444 or via email at Cas@leighton-edu.us.

(662) 280